

Foundations in Play Therapy 102



This training expands on the Foundations 101 class (prerequisite or prior approval needed). Participants will increase their knowledge of play therapy interventions and techniques. This is an introductory class which will explore the essentials of nondirective play as well as identifying some directive play techniques (bibliotherapy and sand tray). Participants will be presented with a variety of play therapy tools and interventions and will be provided with opportunities to experience a hands on learning experience by exploring playrooms.

Objectives

Discuss and learn the benefits of directive and non-directive play therapy techniques.

Identify important themes of the playroom and selection of toys.

Understand the important of bibliotherapy and be introduced to several bibliotherapy resources.

Increase your knowledge of therapeutic interventions used with children, adolescents, and adults for effective play therapy

A total of 3.5 Direct Contact Hours has been approved by APT

Approved Provider #18-558

Light refreshments served