

# Music in Play Therapy



This training explores the benefits that music techniques can have with clients of all different ages and explores how therapists can intergrate music with play therapy. Participants will be exposed to a variety of musical settings that can be used with clients to help with treatment goals in play therapy.

## Objectives

Identify three specific benefits of using music in play therapy sessions.

Describe at least two techniques using music to assess and engage clients in play therapy.

Discuss at least three ways to use music in play therapy to build coping skills.

A total of 2.5 Direct Contact Hours has been approved by APT

Approved Provider #18-558

Light refreshments served